

Welcome ...

... to Tryon Creek State Natural Area, a 650-acre-plus natural day-use area located between Portland's metropolitan area and the city of Lake Oswego. The park has 8 miles of hiking trails, 3.5 miles of horse trail and a 3-mile paved bicycle trail.



Bicycle Path

The 3-mile paved bicycle path parallels Terwilliger Boulevard on the east edge of the park, from Boones Ferry Road to State Street (Oregon Highway 43) in Lake Oswego. It is part of the Portland metropolitan area bikeway system 40-mile loop.

The Trillium Trail

The .3 mile barrier-free Trillium Trail is designed for people of all abilities. It has paved pathways, resting benches and viewing decks. Trail features are identified along the way.

Horse Trails

The horse trails have the greatest variation in grade: each begins near the ridgeline and travels down to the creek and back. The trail surface is packed gravel, which can support horse traffic even in wet weather. From the equestrian parking area, the North Horse Loop is 2.1 miles and the West Horse Loop is 3.1 miles.



The Nature Center

Visitors can obtain park information, purchase gifts and enjoy interpretive exhibits and programs at the Nature Center and nearby Glenn Jackson Shelter. Some park events are sponsored by the Friends of Tryon Creek, a non-profit citizens' organization dedicated to the conservation of the park's natural environment. For more information, call the Friends at 503-636-4398 or visit at www.tryonfriends.org.

Three 1/2 mile loops (Maple Ridge, Center and Big Fir) surround the Nature Center. Walking down to the creek involves a 125 foot elevation change. Park trails are maintained for year-round hiking. Hiking trails in the park can be muddy during wet weather.

Tryon Creek hosts educational programs and guided hikes throughout the year. Check oregonstateparks.org for a schedule.



Tryon Creek State Natural Area

Please! Observe the courtesies of the trail. Please remember the following:

- **PETS** must be on leash and under control at all times (maximum 6' leash) and wastes properly removed. Keep pets out of the creek. Respect other users. Trails are multi-use.
- **STAY ON THE TRAIL**
Shortcuts cause erosion and increase the cost of trail maintenance.
- **HORSEBACK RIDERS** must stay on horse trails and ride single file.
- **DO NOT REMOVE PLANTS**
- **BIKE RIDERS** are restricted to paved bike paths or parking areas.
- **NO FIRES** are permitted.
- **PLEASE SHARE** the trail with all users.

Tryon Creek State Natural Area

11321 SW Terwilliger Blvd.
Portland, OR 97219

Phone: 503-636-9886
Nearest Bus Route #39 or #35

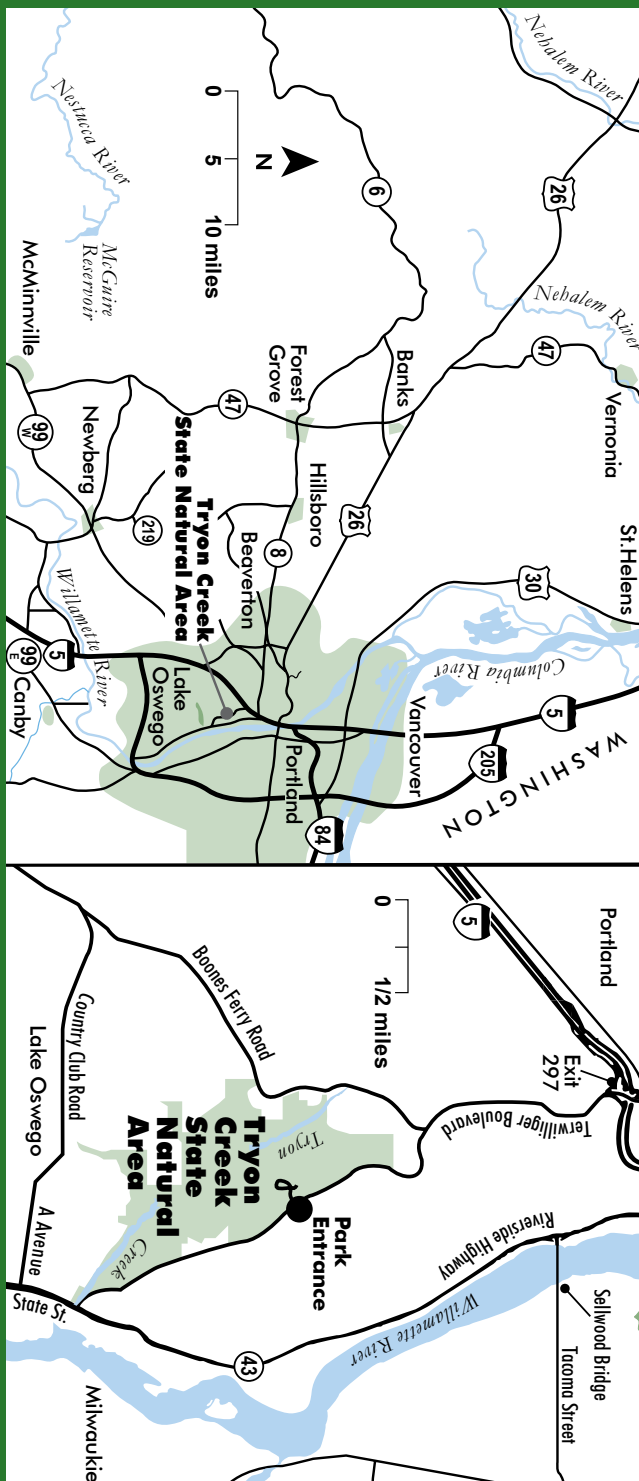
www.oregonstateparks.org



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All information or fees subject to change without notice. This brochure is available in alternative formats upon request. Call 1-800-551-6949. Oregon Relay for the hearing impaired: dial 711.

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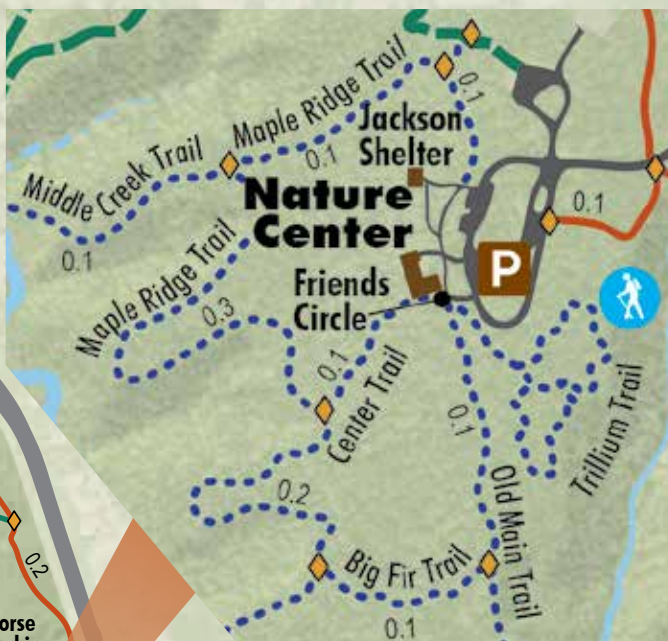


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Trail Guide



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Trails	Miles
4th Avenue Trail	0.1
Big Fir Trail	0.4
Cedar Trail	0.9
Center Trail	0.3
Hemlock Trail	0.1
Iron Mountain Trail	1
Lewis and Clark Trail	0.7
Maple Ridge Trail	0.5
Middle Creek Trail	0.5
North Creek Trail	0.4
Old Main Trail	0.6
Red Fox Trail	0.4
South Creek Trail	0.4

All-Abilities Trail

Ruth Pennington Trillium Trail	0.3
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Bike Path

Boones Ferry Rd to Nature Center	1.2
Nature Center to Lake Oswego (Hwy 43)	1.6

Equestrian Trails

Boones Ferry Trail	0.3
Englewood Trail	0.5
North Horse Loop	1.6
Paget Creek Trail	0.3
West Horse Loop	1.1

Trails

- ADA Accessible Trail
- Equestrian & hiking
- Bike path
- Hiking trail
- Distance in miles
- Parking
- No parking

Scale

0 0.25 0.5 miles

North Arrow

Suggested Hikes (start at Nature Center)

Maple Ridge to Middle Creek to Big Fir to Old Main	1.2 mile loop
Maple Ridge to Center Trail To Big Fir To Old Main	1.4 mile loop
Old Main to Red Fox to Cedar Trail to Middle Creek To Maple Ridge	2 mile loop
Old Main to Red Fox to South Creek to Iron Mountain (end at Andrews Rd)	2.8 mile round trip

