

Time	Height	Time	Height	Time	Height	Time	Height
16:08 AM	1.0	16:30 AM	1.3	16:52 AM	1.6	17:14 AM	1.9
16:08 AM	1.0	16:30 AM	1.3	16:52 AM	1.6	17:14 AM	1.9
16:08 AM	1.0	16:30 AM	1.3	16:52 AM	1.6	17:14 AM	1.9
16:08 AM	1.0	16:30 AM	1.3	16:52 AM	1.6	17:14 AM	1.9
16:08 AM	1.0	16:30 AM	1.3	16:52 AM	1.6	17:14 AM	1.9

Time	Height	Time	Height	Time	Height	Time	Height
15:24 AM	4.0	15:46 AM	6.8	16:08 AM	9.6	16:30 AM	12.4
15:24 AM	4.0	15:46 AM	6.8	16:08 AM	9.6	16:30 AM	12.4
15:24 AM	4.0	15:46 AM	6.8	16:08 AM	9.6	16:30 AM	12.4
15:24 AM	4.0	15:46 AM	6.8	16:08 AM	9.6	16:30 AM	12.4
15:24 AM	4.0	15:46 AM	6.8	16:08 AM	9.6	16:30 AM	12.4

# Oregon State Parks

Information:  
800-551-6949

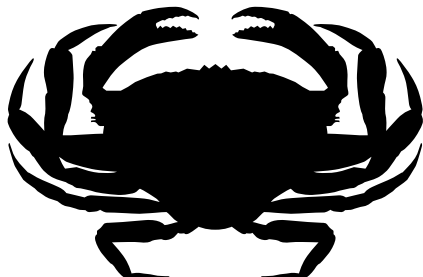
Reservations:  
800-452-5687

[oregonstateparks.org](http://oregonstateparks.org)

Information printed from the  
National Oceanic and Atmospheric  
Administration  
[tidesandcurrents.noaa.gov](http://tidesandcurrents.noaa.gov)

# TIDE TABLES & Beach Safety Tips

# 2020



# OREGON NORTH COAST

January		February		March	
Time	Height	Time	Height	Time	Height
19:01 AM	1.0	19:16 AM	1.3	19:31 AM	1.6
19:01 AM	1.0	19:16 AM	1.3	19:31 AM	1.6
19:01 AM	1.0	19:16 AM	1.3	19:31 AM	1.6
19:01 AM	1.0	19:16 AM	1.3	19:31 AM	1.6
19:01 AM	1.0	19:16 AM	1.3	19:31 AM	1.6

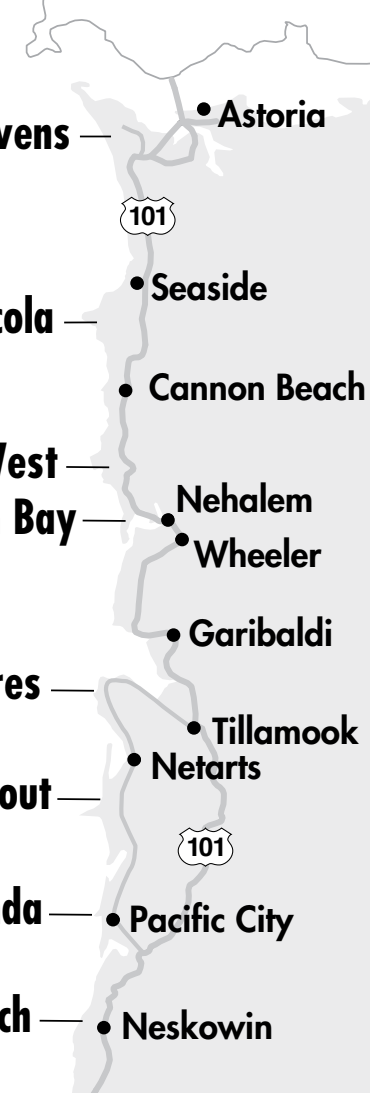
October			November			December		
Time	Height		Time	Height		Time	Height	
h m	ft	cm	h m	ft	cm	h m	ft	cm
<b>1</b> 12:37 AM 06:45 AM Th 01:05 PM O 07:04 PM	7.6 0.4 2.6 0.9	232 12 232 27	<b>16</b> 12:19 AM 06:17 AM F 12:35 PM ● 06:49 PM	8.3 0.1 8.9 -0.8	253 3 271 -24	<b>1</b> 01:43 AM 06:09 AM M 12:16 PM O 06:47 PM	7.2 2.3 8.2 -0.2	219 70 250 -6
<b>2</b> 01:17 AM 07:15 AM F 01:34 PM O 07:37 PM	7.5 0.7 7.7 0.6	229 21 235 18	<b>17</b> 01:11 AM 06:59 AM Sa 01:12 PM O 07:36 PM	8.4 0.5 9.3 -1.4	256 15 283 -43	<b>2</b> 01:23 AM 06:40 AM M 12:41 PM O 07:21 PM	7.1 2.7 8.2 -0.2	216 82 250 -6
<b>3</b> 01:55 AM 07:44 AM Sa 02:00 PM O 08:10 PM	7.3 1.1 7.7 0.4	223 34 235 18	<b>18</b> 02:04 AM 07:41 AM Su 01:50 PM O 08:23 PM	8.3 1.1 9.4 -1.7	253 34 287 -52	<b>3</b> 02:03 AM 07:11 AM Tu 01:06 PM O 07:57 PM	7.0 3.2 8.1 -0.1	213 98 247 -3
<b>4</b> 02:34 AM 08:13 AM Su 02:25 PM O 08:44 PM	7.1 1.6 7.6 0.3	216 49 232 9	<b>19</b> 02:57 AM 08:24 AM M 02:31 PM O 09:13 PM	8.0 1.8 9.3 -1.6	244 55 283 -29	<b>4</b> 02:47 AM 07:44 AM W 01:33 PM O 08:36 PM	6.7 3.6 7.9 0.1	204 110 241 3
<b>5</b> 03:13 AM 08:43 AM M 02:48 PM O 09:20 PM	6.8 2.2 7.5 0.4	207 67 229 12	<b>20</b> 03:54 AM 09:09 AM Tu 03:14 PM O 10:06 PM	7.5 2.6 9.0 -1.2	229 79 274 -37	<b>5</b> 03:35 AM 08:21 AM Th 02:06 PM O 09:20 PM	6.5 4.0 7.6 0.3	198 122 232 9
<b>6</b> 03:56 AM 09:13 AM Tu 03:13 PM O 10:00 PM	6.4 2.8 7.3 0.6	195 85 223 18	<b>21</b> 04:56 AM 10:00 AM W 04:03 PM O 11:05 PM	7.0 3.3 4.3 -0.6	244 101 256 -18	<b>6</b> 04:32 AM 09:07 AM F 05:35 AM O 10:12 PM	6.3 4.3 6.2 0.5	192 131 223 15
<b>7</b> 04:45 AM 09:47 AM W 03:43 PM O 10:47 PM	6.1 3.3 7.2 0.8	186 101 219 24	<b>22</b> 06:04 AM 11:00 AM Th 05:02 PM	6.7 3.8 7.7	204 116 235	<b>7</b> 05:36 AM 10:12 AM Sa 03:42 PM O 11:12 PM	6.2 4.5 6.9 0.7	189 137 210 21
<b>8</b> 05:46 AM 10:28 AM Th 04:21 PM O 11:43 PM	5.8 3.8 6.9 1.0	177 116 210 30	<b>23</b> 12:10 AM 07:12 AM F 12:16 PM ● 06:16 PM	0.0 0.0 4.1 7.1	0 198 125 216	<b>8</b> 06:40 AM 11:36 AM Su 05:03 PM	6.4 4.4 6.6	195 134 201
<b>9</b> 07:01 AM 11:26 AM F 05:15 PM	5.6 4.2 6.7	171 128 204	<b>24</b> 01:21 AM 08:27 AM Sa 01:50 PM O 07:40 PM	0.5 6.6 4.0 6.7	15 201 122 204	<b>9</b> 12:16 AM 07:35 AM M 01:00 PM O 06:42 PM	0.8 6.8 3.8 6.5	24 207 116 198
<b>10</b> 12:50 AM 08:16 AM Sa 12:49 PM ● 06:36 PM	1.0 5.8 4.3 6.5	30 177 131 198	<b>25</b> 02:30 AM 09:26 AM Su 03:12 PM O 08:56 PM	0.8 6.8 3.5 6.6	24 207 107 201	<b>10</b> 01:19 AM 08:21 AM Tu 02:10 PM O 08:06 PM	0.8 7.3 2.8 6.7	24 223 85 204
<b>11</b> 02:00 AM 09:17 AM Su 02:17 PM O 08:10 PM	0.8 6.1 4.0 6.6	24 186 122 201	<b>26</b> 03:30 AM 10:12 AM M 04:13 PM O 10:03 PM	0.9 7.9 2.8 6.8	27 216 85 204	<b>11</b> 02:17 AM 09:02 AM W 03:08 PM O 09:15 PM	0.9 7.9 1.6 1.1	27 241 49 216
<b>12</b> 03:04 AM 10:04 AM M 03:28 PM O 09:26 PM	0.5 6.6 3.2 7.0	15 201 98 213	<b>27</b> 04:19 AM 10:50 AM Tu 04:58 PM O 10:53 PM	1.0 7.4 6.9 2.1	30 226 64 210	<b>12</b> 03:10 AM 09:41 AM Th 03:59 PM O 10:15 PM	1.0 8.6 0.4 7.5	30 262 12 229
<b>13</b> 04:00 AM 10:45 AM Tu 04:25 PM O 10:29 PM	0.2 7.2 2.3 7.5	6 219 70 229	<b>28</b> 05:00 AM 11:24 AM W 05:36 PM O 11:40 PM	1.2 7.7 1.4 7.0	37 235 43 213	<b>13</b> 03:58 AM 10:20 AM F 04:47 PM O 11:12 PM	1.2 9.2 -0.7 7.9	37 280 -21 241
<b>14</b> 04:49 AM 11:22 AM W 05:15 PM O 11:25 PM	0.0 7.8 1.2 8.0	0 238 37 244	<b>29</b> 05:35 AM 11:54 AM Th 06:10 PM	1.3 7.9 0.8	24 241 24	<b>14</b> 04:45 AM 10:59 AM Sa 05:35 PM	1.5 9.7 -1.5	46 296 -46
<b>15</b> 05:34 AM 11:58 AM Th 06:03 PM	-0.1 8.4 0.1	-3 256 3	<b>30</b> 12:23 AM 06:07 AM F 12:23 PM O 06:43 PM	7.1 1.6 8.1 7.3	216 49 247 9	<b>15</b> 12:05 AM 05:30 AM Su 11:39 AM ● 06:21 PM	8.1 9.9 1.9 -2.0	247 58 302 -61
			<b>31</b> 01:03 AM 06:38 AM Sa 12:50 PM O 07:15 PM	7.2 1.9 8.2 0.0	219 58 250 0			



Monthly tide data taken from Tillamook Bay. Tide height and times will be slightly different depending on your North Coast location.

Tide Tables are predictions and are least accurate during storms and extreme high and low tide periods.

PACIFIC OCEAN



## Beach Safety Tips



### Watch out for sneaker waves

Always keep one eye on the ocean so you won't be caught off guard if a bigger wave surges up the beach. These "sneaker waves" are unpredictable, powerful and can easily knock adults off their feet.



### Avoid logs on the beach

Stay away from logs on the beach or in the surf. The logs absorb water like sponges, increasing their weight by up to several tons. The ocean is strong enough to pick up even the heaviest log and roll it over you.



### Hike like a pro

Be careful on rocks and near cliffs. Rocks can be slippery and cliffs can be unstable due to erosion. Stay on marked trails and don't climb over fences or other barriers. Trails are carefully planned by park rangers and barriers are there to keep you safe.



### Know the tides

Know when the tide is coming in, especially when exploring tidepools or secluded beaches. Incoming tides can quickly leave you stranded away from shore. Be extra careful during extreme high or low tides and storms.



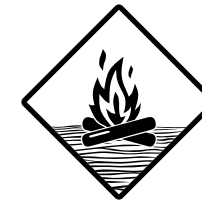
### Watch for falling rocks

Avoid walking along the base of cliffs or eroding bluffs. Chunks of cliff or rocks can fall at any time; areas with overhangs and caves are especially dangerous. Do not dig in cliffs or bluffs.



### Swim smart: rip currents

Rip currents are fast-moving water channels that can carry even the strongest swimmers away from shore. If you're ever caught in one, stay calm. A rip current is fast but narrow; swim parallel to the shore to escape it, then swim back to land at an angle.

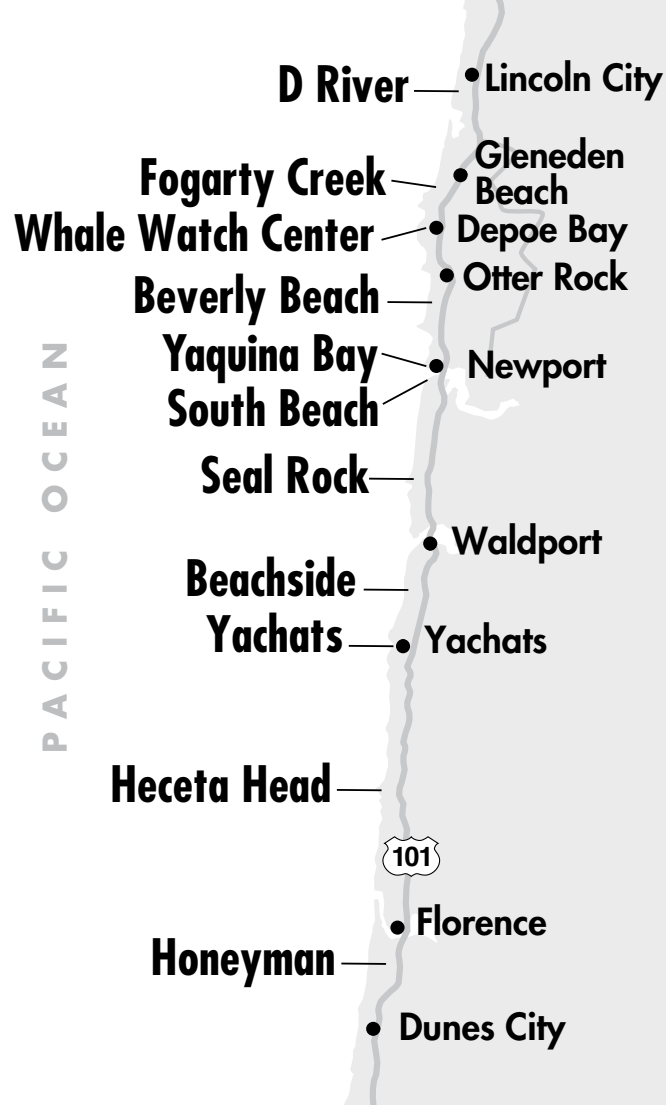


### Maintain a safe campfire

Beach campfires may be started on open sand, away from driftwood or vegetation. Check online for seasonal fire restrictions. Use water to extinguish your fire, not sand. Pour water around the base of the fire pit, not directly on hot coals.



October			November			December		
Time	Height		Time	Height		Time	Height	
h m	ft	cm	h m	ft	cm	h m	ft	cm
1 12:27 AM	7.8	238	16 12:07 AM	8.5	259	1 01:38 AM	7.1	216
06:37 AM	0.7	21	06:07 AM	0.4	12	05:57 AM	2.6	79
Th 12:55 PM	7.9	241	F 12:24 PM	9.3	283	Su 11:59 AM	8.5	259
06:59 PM	1.2	37	06:43 PM	-0.5	-15	06:44 PM	-0.1	-3
2 01:06 AM	7.7	235	17 01:01 AM	8.5	259	2 01:18 AM	7.0	213
07:06 AM	1.1	34	06:49 AM	0.8	24	06:28 AM	3.0	91
F 01:20 PM	8.0	244	Sa 01:01 PM	9.7	296	M 12:26 PM	8.5	259
07:32 PM	0.9	27	07:31 PM	-1.1	-34	07:19 PM	-0.2	-6
3 01:45 AM	7.5	229	18 01:55 AM	8.3	253	3 02:00 AM	6.9	210
07:35 AM	1.6	49	07:31 AM	1.5	46	07:00 AM	3.4	104
Sa 01:45 PM	8.1	247	Su 01:39 PM	9.9	302	W 12:53 PM	10.1	308
08:06 PM	0.7	21	08:20 PM	-1.4	-43	07:56 PM	-0.1	-3
4 02:24 AM	7.2	219	19 02:51 AM	8.0	244	4 02:46 AM	6.7	204
08:03 AM	2.1	64	08:16 AM	2.1	64	07:35 AM	3.8	116
Su 02:10 PM	8.1	247	M 02:21 PM	9.8	299	W 01:27 PM	8.2	250
08:42 PM	0.6	18	09:11 PM	-1.4	-43	08:37 PM	0.0	0
5 03:06 AM	6.9	210	20 03:51 AM	7.6	232	5 03:37 AM	6.5	198
08:32 AM	2.6	79	09:03 AM	2.8	85	08:15 AM	4.1	125
M 02:37 PM	8.0	244	Tu 03:06 PM	9.4	287	Th 02:04 PM	7.9	241
09:20 PM	0.6	18	10:06 PM	-1.1	-34	09:24 PM	0.2	6
6 03:51 AM	6.5	198	21 04:56 AM	7.2	219	6 04:36 AM	6.3	192
09:39 AM	3.6	110	09:58 AM	3.4	104	09:06 AM	4.3	131
Tu 03:06 PM	7.8	238	F 10:29 PM	8.8	268	W 02:50 PM	7.6	232
10:02 PM	0.7	21	11:06 PM	-0.6	-18	10:19 PM	0.3	9
7 04:45 AM	6.2	189	22 06:08 AM	6.9	210	7 05:41 AM	6.4	195
09:39 AM	3.6	110	11:05 AM	3.8	116	10:17 AM	4.4	134
W 03:41 PM	7.6	232	Th 04:56 PM	8.1	247	Sa 03:51 PM	7.2	219
10:52 PM	0.8	24	23 12:12 AM	-0.1	-3	11:19 PM	0.4	12
8 05:50 AM	5.9	180	07:24 AM	6.8	207	8 06:41 AM	6.6	201
10:24 AM	4.0	122	F 12:29 PM	4.0	122	11:42 AM	4.2	128
Th 04:25 PM	7.4	226	06:08 PM	7.4	226	Su 05:08 PM	6.9	210
11:52 PM	0.9	27	24 01:22 AM	6.3	9	9 06:41 AM	6.6	201
9 07:08 AM	5.8	177	08:34 AM	6.9	210	11:20 AM	0.5	15
11:29 AM	4.3	131	09:34 AM	6.9	210	07:32 AM	7.0	213
F 05:24 PM	7.2	219	Sa 01:57 PM	7.7	113	M 01:03 PM	3.6	110
10 01:00 AM	0.9	27	07:30 PM	3.0	213	06:33 PM	6.8	207
08:23 AM	6.0	183	25 02:27 AM	0.5	15	10 01:19 AM	0.6	18
Sa 12:56 PM	4.3	131	09:29 AM	7.2	219	08:14 AM	7.6	232
06:40 PM	7.1	216	Su 03:11 PM	3.2	98	Tu 02:09 PM	2.7	82
11 02:07 AM	0.7	21	08:48 PM	6.9	210	07:52 PM	7.0	213
09:19 AM	6.4	195	26 03:24 AM	0.7	21	11 02:12 AM	0.7	21
Su 02:19 PM	3.9	119	10:13 AM	7.5	229	08:53 AM	8.2	250
08:01 PM	7.2	219	M 04:07 PM	2.6	79	W 03:04 PM	1.6	49
12 03:06 AM	0.4	12	09:53 PM	6.9	210	09:02 PM	7.3	223
10:02 AM	6.9	210	27 04:11 AM	0.9	27	12 03:01 AM	0.9	27
M 03:25 PM	3.2	98	10:48 AM	7.7	235	09:30 AM	8.9	271
09:12 PM	7.5	229	Tu 04:53 PM	1.9	58	Th 03:55 PM	0.4	12
13 03:57 AM	0.1	3	10:48 PM	7.0	213	10:05 PM	7.6	232
10:39 AM	7.5	229	28 04:51 AM	1.2	37	13 03:48 AM	1.3	40
Tu 04:19 PM	2.3	70	11:18 AM	8.0	244	10:08 AM	9.6	293
10:15 PM	8.0	244	W 05:31 PM	1.3	40	F 04:43 PM	-0.6	-18
14 04:43 AM	0.0	0	11:35 PM	7.0	213	11:04 PM	7.8	238
11:13 AM	8.1	247	29 05:26 AM	1.5	46	14 04:34 AM	1.7	52
W 05:08 PM	1.3	40	11:44 AM	8.2	250	10:47 AM	10.1	308
11:12 PM	8.3	253	Th 06:06 PM	0.8	24	Sa 05:30 PM	-1.4	-43
15 05:26 AM	0.1	3	30 12:18 AM	7.1	216	11:59 PM	8.0	244
11:48 AM	8.7	265	05:57 AM	1.9	58	15 05:19 AM	2.1	64
Th 05:56 PM	0.3	9	F 12:09 PM	8.4	256	11:27 AM	10.4	317
			06:39 PM	0.4	12	Su 06:17 PM	-1.9	-58
			31 12:58 AM	7.1	216			
			06:27 AM	2.2	67			
			Sa 12:34 PM	8.5	259			
			07:11 PM	0.1	3			



Monthly tide data taken from Yaquina Bay. Tide height and times will be slightly different depending on your Central Coast location.

Tide Tables are predictions and are least accurate during storms and extreme high and low tide periods.

### Beach Safety Tips



**Watch out for sneaker waves**  
Always keep one eye on the ocean so you won't be caught off guard if a bigger wave surges up the beach. These "sneaker waves" are unpredictable, powerful and can easily knock adults off their feet.



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Be careful on rocks and near cliffs. Rocks can be slippery and cliffs can be unstable due to erosion. Stay on marked trails and don't climb over fences or other barriers. Trails are carefully planned by park rangers and barriers are there to keep you safe.



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Stay away from logs on the beach or in the surf. The logs absorb water like sponges, increasing their weight by up to several tons. The ocean is strong enough to pick up even the heaviest log and roll it over you.



**Know the tides**  
Know when the tide is coming in, especially when exploring tidepools or secluded beaches. Incoming tides can quickly leave you stranded away from shore. Be extra careful during extreme high or low tides and storms.



**Swim smart: rip currents**  
Rip currents are fast-moving water channels that can carry even the strongest swimmers away from shore. If you're ever caught in one, stay calm. A rip current is fast but narrow; swim parallel to the shore to escape it, then swim back to land at an angle.

Time	Height	Time	Height	Time	Height	Time	Height
16:05:56 AM	0.9	16:08:08 PM	1.2	17:12:12 AM	8.1	17:23:25 PM	0.9
16:31:11 AM	1.1	16:33:33 PM	1.5	17:47:47 AM	7.7	17:58:58 PM	0.5
17:01:03 AM	8.1	17:03:03 PM	2.3	18:01:41 AM	0.6	18:12:47 PM	0.1
17:31:11 AM	0.6	17:33:11 PM	2.1	18:18:04 AM	0.2	18:29:11 PM	0.9
18:01:03 AM	0.5	18:03:03 PM	1.1	18:45:45 AM	7.9	18:56:51 PM	2.4
18:31:11 AM	0.6	18:33:11 PM	2.1	19:12:12 AM	8.2	19:23:25 PM	0.5
19:01:03 AM	0.1	19:03:03 PM	0.3	19:39:39 AM	6.9	19:50:51 PM	0.8
19:31:11 AM	0.6	19:33:11 PM	2.1	20:06:06 AM	8.3	20:17:17 PM	0.3
20:01:03 AM	0.5	20:03:03 PM	1.1	20:32:32 AM	7.5	20:43:43 PM	0.8
20:31:11 AM	0.6	20:33:11 PM	2.1	21:08:08 AM	8.0	21:19:19 PM	0.5
21:01:03 AM	0.1	21:03:03 PM	0.3	21:34:34 AM	6.7	21:45:45 PM	0.9
21:31:11 AM	0.6	21:33:11 PM	2.1	22:00:00 AM	8.3	22:11:11 PM	0.4
22:01:03 AM	0.5	22:03:03 PM	1.1	22:26:26 AM	7.6	22:37:37 PM	0.9
22:31:11 AM	0.6	22:33:11 PM	2.1	23:02:02 AM	8.0	23:13:13 PM	0.6
23:01:03 AM	0.1	23:03:03 PM	0.3	23:28:28 AM	6.9	23:39:39 PM	0.9
23:31:11 AM	0.6	23:33:11 PM	2.1	24:04:04 AM	8.2	24:15:15 PM	0.5
24:01:03 AM	0.5	24:03:03 PM	1.1	24:30:30 AM	7.5	24:41:41 PM	0.8
24:31:11 AM	0.6	24:33:11 PM	2.1	25:06:06 AM	8.0	25:17:17 PM	0.5
25:01:03 AM	0.1	25:03:03 PM	0.3	25:32:32 AM	6.9	25:43:43 PM	0.9
25:31:11 AM	0.6	25:33:11 PM	2.1	26:08:08 AM	8.3	26:19:19 PM	0.4
26:01:03 AM	0.5	26:03:03 PM	1.1	26:34:34 AM	7.6	26:45:45 PM	0.9
26:31:11 AM	0.6	26:33:11 PM	2.1	27:10:10 AM	8.0	27:21:21 PM	0.6
27:01:03 AM	0.1	27:03:03 PM	0.3	27:36:36 AM	6.9	27:47:47 PM	0.9
27:31:11 AM	0.6	27:33:11 PM	2.1	28:12:12 AM	8.2	28:23:23 PM	0.5
28:01:03 AM	0.5	28:03:03 PM	1.1	28:38:38 AM	7.5	28:49:49 PM	0.8
28:31:11 AM	0.6	28:33:11 PM	2.1	29:14:14 AM	8.0	29:25:25 PM	0.5
29:01:03 AM	0.1	29:03:03 PM	0.3	29:40:40 AM	6.9	29:51:51 PM	0.9
29:31:11 AM	0.6	29:33:11 PM	2.1	30:16:16 AM	8.3	30:27:27 PM	0.4
30:01:03 AM	0.5	30:03:03 PM	1.1	30:42:42 AM	7.6	30:53:53 PM	0.9
30:31:11 AM	0.6	30:33:11 PM	2.1	31:18:18 AM	8.0	31:29:29 PM	0.6
31:01:03 AM	0.1	31:03:03 PM	0.3	31:44:44 AM	6.9	31:55:55 PM	0.9

Time	Height	Time	Height	Time	Height	Time	Height
16:05:56 AM	0.9	16:08:08 PM	1.2	17:12:12 AM	8.1	17:23:25 PM	0.9
16:31:11 AM	1.1	16:33:33 PM	1.5	17:47:47 AM	7.7	17:58:58 PM	0.5
17:01:03 AM	8.1	17:03:03 PM	2.3	18:01:41 AM	0.6	18:12:47 PM	0.1
17:31:11 AM	0.6	17:33:11 PM	2.1	18:18:04 AM	0.2	18:29:11 PM	0.9
18:01:03 AM	0.5	18:03:03 PM	1.1	18:45:45 AM	7.9	18:56:51 PM	0.8
18:31:11 AM	0.6	18:33:11 PM	2.1	19:12:12 AM	8.2	19:23:25 PM	0.5
19:01:03 AM	0.1	19:03:03 PM	0.3	19:39:39 AM	6.9	19:50:51 PM	0.8
19:31:11 AM	0.6	19:33:11 PM	2.1	20:06:06 AM	8.3	20:17:17 PM	0.3
20:01:03 AM	0.5	20:03:03 PM	1.1	20:32:32 AM	7.5	20:43:43 PM	0.8
20:31:11 AM	0.6	20:33:11 PM	2.1	21:08:08 AM	8.0	21:19:19 PM	0.5
21:01:03 AM	0.1	21:03:03 PM	0.3	21:34:34 AM	6.7	21:45:45 PM	0.9
21:31:11 AM	0.6	21:33:11 PM	2.1	22:00:00 AM	8.3	22:11:11 PM	0.4
22:01:03 AM	0.5	22:03:03 PM	1.1	22:26:26 AM	7.6	22:37:37 PM	0.9
22:31:11 AM	0.6	22:33:11 PM	2.1	23:02:02 AM	8.0	23:13:13 PM	0.6
23:01:03 AM	0.1	23:03:03 PM	0.3	23:28:28 AM	6.9	23:39:39 PM	0.9
23:31:11 AM	0.6	23:33:11 PM	2.1	24:04:04 AM	8.2	24:15:15 PM	0.5
24:01:03 AM	0.5	24:03:03 PM	1.1	24:30:30 AM	7.5	24:41:41 PM	0.8
24:31:11 AM	0.6	24:33:11 PM	2.1	25:06:06 AM	8.0	25:17:17 PM	0.5
25:01:03 AM	0.1	25:03:03 PM	0.3	25:32:32 AM	6.9	25:43:43 PM	0.9
25:31:11 AM	0.6	25:33:11 PM	2.1	26:08:08 AM	8.3	26:19:19 PM	0.4
26:01:03 AM	0.5	26:03:03 PM	1.1	26:34:34 AM	7.6	26:45:45 PM	0.9
26:31:11 AM	0.6	26:33:11 PM	2.1	27:10:10 AM	8.0	27:21:21 PM	0.6
27:01:03 AM	0.1	27:03:03 PM	0.3	27:36:36 AM	6.9	27:47:47 PM	0.9
27:31:11 AM	0.6	27:33:11 PM	2.1	28:12:12 AM	8.2	28:23:23 PM	0.5
28:01:03 AM	0.5	28:03:03 PM	1.1	28:38:38 AM	7.5	28:49:49 PM	0.8
28:31:11 AM	0.6	28:33:11 PM	2.1	29:14:14 AM	8.0	29:25:25 PM	0.5
29:01:03 AM	0.1	29:03:03 PM	0.3	29:40:40 AM	6.9	29:51:51 PM	0.9
29:31:11 AM	0.6	29:33:11 PM	2.1	30:16:16 AM	8.3	30:27:27 PM	0.4
30:01:03 AM	0.5	30:03:03 PM	1.1	30:42:42 AM	7.6	30:53:53 PM	0.9
30:31:11 AM	0.6	30:33:11 PM	2.1	31:18:18 AM	8.0	31:29:29 PM	0.6
31:01:03 AM	0.1	31:03:03 PM	0.3	31:44:44 AM	6.9	31:55:55 PM	0.9

## Oregon State Parks

Information:  
800-551-6949

Reservations:  
800-452-5687

oregonstateparks.org

Information printed from the  
National Oceanic and Atmospheric  
Administration  
tidesandcurrents.noaa.gov



OREGON  
SOUTH COAST

January		February		March	
Time	Height	Time	Height	Time	Height
16:05:56 AM	0.9	16:08:08 PM	1.2	17:12:12 AM	8.1
16:31:11 AM	1.1	16:33:33 PM	1.5	17:47:47 AM	7.7
17:01:03 AM	8.1	17:03:03 PM	2.3	18:01:41 AM	0.6
17:31:11 AM	0.6	17:33:11 PM	2.1	18:18:04 AM	0.2
18:01:03 AM	0.5	18:03:03 PM	1.1	18:45:45 AM	7.9
18:31:11 AM	0.6	18:33:11 PM	2.1	19:12:12 AM	8.2
19:01:03 AM	0.1	19:03:03 PM	0.3	19:39:39 AM	6.9
19:31:11 AM	0.6	19:33:11 PM	2.1	20:06:06 AM	8.3
20:01:03 AM	0.5	20:03:03 PM	1.1	20:32:32 AM	7.5
20:31:11 AM	0.6	20:33:11 PM	2.1	21:08:08 AM	8.0
21:01:03 AM	0.1	21:03:03 PM	0.3	21:34:34 AM	6.7
21:31:11 AM	0.6	21:33:11 PM	2.1	22:00:00 AM	8.3
22:01:03 AM	0.5	22:03:03 PM	1.1	22:26:26 AM	7.6
22:31:11 AM	0.6	22:33:11 PM	2.1	23:02:02 AM	8.0
23:01:03 AM	0.1	23:03:03 PM	0.3	23:28:28 AM	6.9
23:31:11 AM	0.6	23:33:11 PM	2.1	24:04:04 AM	8.2
24:01:03 AM	0.5	24:03:03 PM	1.1	24:30:30 AM	7.5
24:31:11 AM	0.6	24:33:11 PM	2.1	25:06:06 AM	8.0
25:01:03 AM	0.1	25:03:03 PM	0.3	25:32:32 AM	6.9
25:31:11 AM	0.6	25:33:11 PM	2.1	26:08:08 AM	8.3
26:01:03 AM	0.5	26:03:03 PM	1.1	26:34:34 AM	7.6
26:31:11 AM	0.6	26:33:11 PM	2.1	27:10:10 AM	8.0
27:01:03 AM	0.1	27:03:03 PM	0.3	27:36:36 AM	6.9
27:31:11 AM	0.6	27:33:11 PM	2.1	28:12:12 AM	8.2
28:01:03 AM	0.5	28:03:03 PM	1.1	28:38:38 AM	7.5
28:31:11 AM	0.6	28:33:11 PM	2.1	29:14:14 AM	8.0
29:01:03 AM	0.1	29:03:03 PM	0.3	29:40:40 AM	6.9
29:31:11 AM	0.6	29:33:11 PM	2.1	30:16:16 AM	8.3
30:01:03 AM	0.5	30:03:03 PM	1.1	30:42:42 AM	7.6
30:31:11 AM	0.6	30:33:11 PM	2.1	31:18:18 AM	8.0
31:01:03 AM	0.1	31:03:03 PM	0.3	31:44:44 AM	6.9

